



19. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 24.06.2017

Detailed evaluation

DKB-Rennsteigexpress

Total time: 13:34:26

Number: 121

Speed: 12.38 km/h

Running performance: 4:49 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 31 (of 233)

Best time in course: 10:53:15

Category:

Rank in category: 23(of 150)

Männerstaffel

Best time in the category: 10:53:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:30:39	5:09	66	23:27	87	23:27	17.60	1:30:39	5:09	66	23:27	87	23:27
Schildwiese	18.58	1:17:03	4:08	13	9:37	19	9:37	36.18	2:47:42	4:38	26	32:46	33	32:46
Neuhaus	13.54	1:06:45	4:55	32	16:13	36	16:13	49.72	3:54:27	4:42	22	43:41	29	43:41
Masserberg	19.86	1:40:50	5:04	45	23:30	68	23:30	69.58	5:35:17	4:49	25	1:07:11	34	1:07:11
Allzunah	17.89	1:26:41	4:50	24	16:08	32	16:08	87.47	7:01:58	4:49	21	1:23:19	29	1:23:19
Grenzadler	19.96	1:35:49	4:48	49	22:01	74	25:04	107.43	8:37:47	4:49	25	1:42:29	33	1:42:29
Neue Ausspanne	13.68	1:13:24	5:21	76	25:43	95	25:43	121.11	9:51:11	4:52	27	2:03:26	36	2:03:26
Kleiner Inselsber	13.90	1:09:48	5:01	44	17:24	53	17:24	135.01	11:00:59	4:53	28	2:20:50	37	2:20:50
Hohe Sonne	18.94	1:30:00	4:45	35	21:43	50	21:43	153.95	12:30:59	4:52	27	2:32:53	37	2:32:53
Hörschel	15.02	1:03:27	4:13	14	10:26	18	10:26	168.90	13:34:26	4:49	23	2:41:11	31	2:41:11