



# 19. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 24.06.2017

## Detailed evaluation

fit&run Irrläufer

Number: 541

Course: 168.90 km  
Blankenstein-Hörschel

Category:  
Mixstaffel

Total time: 14:49:37

Speed: 11.33 km/h

Running performance: 5:16 min/km

Rank in course: 80 (of 233)

Best time in course: 10:53:15

Rank in category: 15(of 69)

Best time in the category: 11:51:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:25:29	4:51	9	16:31	45	18:17	17.60	1:25:29	4:51	9	16:31	233	18:17
Schildwiese	18.58	1:23:33	4:29	15	14:35	47	16:07	36.18	2:49:02	4:40	10	31:06	233	34:06
Neuhaus	13.54	1:19:15	5:51	28	18:06	147	28:43	49.72	4:08:17	4:59	11	34:17	233	57:31
Masserberg	19.86	1:45:36	5:19	25	26:47	94	28:16	69.58	5:53:53	5:05	14	1:00:44	233	1:25:47
Allzunah	17.89	1:31:28	5:06	16	17:18	65	20:55	87.47	7:25:21	5:05	13	1:17:28	233	1:46:42
Grenzadler	19.96	1:45:13	5:16	43	34:28	147	34:28	107.43	9:10:34	5:07	15	1:47:31	232	2:15:16
Neue Ausspanne	13.68	1:12:50	5:19	13	11:13	85	25:09	121.11	10:23:24	5:08	15	1:57:46	232	2:35:39
Kleiner Inselsber	13.90	1:33:58	6:45	58	39:07	215	41:34	135.01	11:57:22	5:18	17	2:29:21	232	3:17:13
Hohe Sonne	18.94	1:39:28	5:15	32	28:30	123	31:11	153.95	13:36:50	5:18	15	2:47:51	228	3:38:44
Hörschel	15.02	1:12:47	4:50	5	12:41	55	19:46	168.90	14:49:37	5:16	15	2:57:43	80	3:56:22