



19. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 24.06.2017

Detailed evaluation

JambalayaRunners

Number: 519

Course: 168.90 km  
Blankenstein-Hörschel

Category:  
Mixstaffel

Total time: 15:08:35

Speed: 11.09 km/h  
Running performance: 5:23 min/km

Rank in course: 96 (of 233)  
Best time in course: 10:53:15

Rank in category: 18(of 69)  
Best time in the category: 11:51:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:37:30	5:32	37	28:32	147	30:18	17.60	1:37:30	5:32	37	28:32	233	30:18
Schildwiese	18.58	1:28:06	4:44	20	19:08	70	20:40	36.18	3:05:36	5:07	28	47:40	233	50:40
Neuhaus	13.54	1:12:28	5:21	13	11:19	81	21:56	49.72	4:18:04	5:11	16	44:04	233	1:07:18
Masserberg	19.86	1:57:33	5:55	43	38:44	163	40:13	69.58	6:15:37	5:23	21	1:22:28	233	1:47:31
Allzunah	17.89	1:44:10	5:49	42	30:00	151	33:37	87.47	7:59:47	5:29	25	1:51:54	233	2:21:08
Grenzadler	19.96	2:03:03	6:09	58	52:18	206	52:18	107.43	10:02:50	5:36	36	2:39:47	232	3:07:32
Neue Ausspanne	13.68	1:15:32	5:31	23	13:55	109	27:51	121.11	11:18:22	5:36	34	2:52:44	232	3:30:37
Kleiner Inselsber	13.90	1:04:17	4:37	5	9:26	27	11:53	135.01	12:22:39	5:30	23	2:54:38	232	3:42:30
Hohe Sonne	18.94	1:22:03	4:19	7	11:05	16	13:46	153.95	13:44:42	5:21	19	2:55:43	228	3:46:36
Hörschel	15.02	1:23:53	5:35	28	23:47	132	30:52	168.90	15:08:35	5:22	18	3:16:41	96	4:15:20