



19. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 24.06.2017

Detailed evaluation

KS-SPORTSWORLD I

Total time: 12:23:13

Number: 513

Speed: 13.56 km/h

Running performance: 4:24 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 13 (of 233)

Best time in course: 10:53:15

Category:

Rank in category: 3(of 69)

Mixstaffel

Best time in the category: 11:51:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Grumbach	17.60	1:12:33	4:07	2	3:35	9	5:21	17.60	1:12:33	4:07	2	3:35	233	5:21
Schildwiese	18.58	1:11:26	3:50	2	2:28	6	4:00	36.18	2:23:59	3:58	2	6:03	233	9:03
Neuhaus	13.54	1:10:14	5:11	8	9:05	69	19:42	49.72	3:34:13	4:18	2	0:13	233	23:27
Masserberg	19.86	1:25:09	4:17	5	6:20	13	7:49	69.58	4:59:22	4:18	4	6:13	233	31:16
Allzunah	17.89	1:22:00	4:35	5	7:50	18	11:27	87.47	6:21:22	4:21	3	13:29	233	42:43
Grenzadler	19.96	1:21:22	4:04	7	10:37	16	10:37	107.43	7:42:44	4:18	4	19:41	232	47:26
Neue Ausspanne	13.68	1:06:15	4:50	5	4:38	48	18:34	121.11	8:48:59	4:22	3	23:21	232	1:01:14
Kleiner Inselsber	13.90	54:51	3:56	1	-	4	2:27	135.01	9:43:50	4:19	3	15:49	232	1:03:41
Hohe Sonne	18.94	1:25:36	4:31	11	14:38	29	17:19	153.95	11:09:26	4:20	3	20:27	228	1:11:20
Hörschel	15.02	1:13:47	4:54	7	13:41	63	20:46	168.90	12:23:13	4:24	3	31:19	13	1:29:58