



19. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 24.06.2017

Detailed evaluation

Waldsteiner Laufnovizen

Total time: 14:29:26

Number: 222

Speed: 11.59 km/h

Running performance: 5:09 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 61 (of 233)

Best time in course: 10:53:15

Category:

Rank in category: 45(of 150)

Männerstaffel

Best time in the category: 10:53:15

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Grumbach | 17.60 | 1:27:13 | 4:57 | 45 | 20:01 | 55 | 20:01 | 17.60 | 1:27:13 | 4:57 | 45 | 20:01 | 55 | 20:01 |
| Schildwiese | 18.58 | 1:44:22 | 5:37 | 125 | 36:56 | 184 | 36:56 | 36.18 | 3:11:35 | 5:17 | 94 | 56:39 | 128 | 56:39 |
| Neuhaus | 13.54 | 1:18:52 | 5:49 | 113 | 28:20 | 142 | 28:20 | 49.72 | 4:30:27 | 5:26 | 107 | 1:19:41 | 136 | 1:19:41 |
| Masserberg | 19.86 | 1:44:19 | 5:15 | 60 | 26:59 | 87 | 26:59 | 69.58 | 6:14:46 | 5:23 | 80 | 1:46:40 | 102 | 1:46:40 |
| Allzunah | 17.89 | 1:27:18 | 4:52 | 28 | 16:45 | 37 | 16:45 | 87.47 | 7:42:04 | 5:16 | 66 | 2:03:25 | 85 | 2:03:25 |
| Grenzadler | 19.96 | 1:35:38 | 4:47 | 47 | 21:50 | 71 | 24:53 | 107.43 | 9:17:42 | 5:11 | 57 | 2:22:24 | 75 | 2:22:24 |
| Neue Ausspanne | 13.68 | 1:02:19 | 4:33 | 24 | 14:38 | 25 | 14:38 | 121.11 | 10:20:01 | 5:07 | 47 | 2:32:16 | 63 | 2:32:16 |
| Kleiner Inselsber | 13.90 | 1:20:22 | 5:46 | 101 | 27:58 | 138 | 27:58 | 135.01 | 11:40:23 | 5:11 | 51 | 3:00:14 | 66 | 3:00:14 |
| Hohe Sonne | 18.94 | 1:20:17 | 4:14 | 7 | 12:00 | 12 | 12:00 | 153.95 | 13:00:40 | 5:04 | 40 | 3:02:34 | 52 | 3:02:34 |
| Hörschel | 15.02 | 1:28:46 | 5:54 | 122 | 35:45 | 170 | 35:45 | 168.90 | 14:29:26 | 5:08 | 45 | 3:36:11 | 61 | 3:36:11 |