



19. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 24.06.2017

Detailed evaluation

Waldsteiner Laufnovizen

Total time: 14:29:26

Number: 222

Speed: 11.59 km/h

Running performance: 5:09 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 61 (of 233)

Best time in course: 10:53:15

Category:

Rank in category: 45(of 150)

Männerstaffel

Best time in the category: 10:53:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:27:13	4:57	45	20:01	55	20:01	17.60	1:27:13	4:57	45	20:01	55	20:01
Schildwiese	18.58	1:44:22	5:37	125	36:56	184	36:56	36.18	3:11:35	5:17	94	56:39	128	56:39
Neuhaus	13.54	1:18:52	5:49	113	28:20	142	28:20	49.72	4:30:27	5:26	107	1:19:41	136	1:19:41
Masserberg	19.86	1:44:19	5:15	60	26:59	87	26:59	69.58	6:14:46	5:23	80	1:46:40	102	1:46:40
Allzunah	17.89	1:27:18	4:52	28	16:45	37	16:45	87.47	7:42:04	5:16	66	2:03:25	85	2:03:25
Grenzadler	19.96	1:35:38	4:47	47	21:50	71	24:53	107.43	9:17:42	5:11	57	2:22:24	75	2:22:24
Neue Ausspanne	13.68	1:02:19	4:33	24	14:38	25	14:38	121.11	10:20:01	5:07	47	2:32:16	63	2:32:16
Kleiner Inselsber	13.90	1:20:22	5:46	101	27:58	138	27:58	135.01	11:40:23	5:11	51	3:00:14	66	3:00:14
Hohe Sonne	18.94	1:20:17	4:14	7	12:00	12	12:00	153.95	13:00:40	5:04	40	3:02:34	52	3:02:34
Hörschel	15.02	1:28:46	5:54	122	35:45	170	35:45	168.90	14:29:26	5:08	45	3:36:11	61	3:36:11