



19. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 24.06.2017

Detailed evaluation

Wasserturmexpress reloaded

Total time: 14:29:37

Number: 153

Speed: 11.59 km/h

Running performance: 5:09 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 62 (of 233)

Best time in course: 10:53:15

Category:

Rank in category: 46(of 150)

Männerstaffel

Best time in the category: 10:53:15

| Intermediate times |          |            |              | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Total | Behind Total | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Grumbach           | 17.60    | 1:25:22    | 4:51         | 36          | 18:10       | 44        | 18:10        | 17.60         | 1:25:22    | 4:51         | 36       | 18:10       | 44        | 18:10        |
| Schildwiese        | 18.58    | 1:43:25    | 5:33         | 121         | 35:59       | 179       | 35:59        | 36.18         | 3:08:47    | 5:13         | 89       | 53:51       | 121       | 53:51        |
| Neuhaus            | 13.54    | 59:05      | 4:21         | 10          | 8:33        | 10        | 8:33         | 49.72         | 4:07:52    | 4:59         | 45       | 57:06       | 55        | 57:06        |
| Masserberg         | 19.86    | 1:53:25    | 5:42         | 101         | 36:05       | 141       | 36:05        | 69.58         | 6:01:17    | 5:11         | 61       | 1:33:11     | 77        | 1:33:11      |
| Allzunah           | 17.89    | 1:35:42    | 5:20         | 68          | 25:09       | 94        | 25:09        | 87.47         | 7:36:59    | 5:13         | 56       | 1:58:20     | 74        | 1:58:20      |
| Grenzdler          | 19.96    | 1:33:19    | 4:40         | 39          | 19:31       | 58        | 22:34        | 107.43        | 9:10:18    | 5:07         | 48       | 2:15:00     | 64        | 2:15:00      |
| Neue Ausspanne     | 13.68    | 59:26      | 4:20         | 17          | 11:45       | 17        | 11:45        | 121.11        | 10:09:44   | 5:02         | 40       | 2:21:59     | 53        | 2:21:59      |
| Kleiner Inselsber  | 13.90    | 1:15:34    | 5:26         | 77          | 23:10       | 105       | 23:10        | 135.01        | 11:25:18   | 5:04         | 41       | 2:45:09     | 54        | 2:45:09      |
| Hohe Sonne         | 18.94    | 1:41:14    | 5:20         | 95          | 32:57       | 133       | 32:57        | 153.95        | 13:06:32   | 5:06         | 43       | 3:08:26     | 56        | 3:08:26      |
| Hörschel           | 15.02    | 1:23:05    | 5:31         | 96          | 30:04       | 126       | 30:04        | 168.90        | 14:29:37   | 5:08         | 46       | 3:36:22     | 62        | 3:36:22      |