



19. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 24.06.2017

Detailed evaluation

Faulunger Muskricken

Total time: 14:43:46

Number: 160

Speed: 11.41 km/h

Running performance: 5:14 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 71 (of 233)

Best time in course: 10:53:15

Category:

Rank in category: 54(of 150)

Männerstaffel

Best time in the category: 10:53:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:14:34	4:14	10	7:22	12	7:22	17.60	1:14:34	4:14	10	7:22	12	7:22
Schildwiese	18.58	1:17:13	4:09	14	9:47	20	9:47	36.18	2:31:47	4:11	9	16:51	13	16:51
Neuhaus	13.54	1:12:32	5:21	67	22:00	82	22:00	49.72	3:44:19	4:30	13	33:33	17	33:33
Masserberg	19.86	1:48:28	5:27	78	31:08	110	31:08	69.58	5:32:47	4:46	21	1:04:41	29	1:04:41
Allzunah	17.89	1:29:42	5:00	40	19:09	55	19:09	87.47	7:02:29	4:49	22	1:23:50	31	1:23:50
Grenzadler	19.96	1:58:40	5:56	136	44:52	198	47:55	107.43	9:01:09	5:02	40	2:05:51	54	2:05:51
Neue Ausspanne	13.68	1:19:33	5:48	100	31:52	139	31:52	121.11	10:20:42	5:07	48	2:32:57	64	2:32:57
Kleiner Inselsber	13.90	1:20:24	5:47	102	28:00	139	28:00	135.01	11:41:06	5:11	52	3:00:57	67	3:00:57
Hohe Sonne	18.94	1:51:31	5:53	127	43:14	189	43:14	153.95	13:32:37	5:16	63	3:34:31	80	3:34:31
Hörschel	15.02	1:11:09	4:44	40	18:08	47	18:08	168.90	14:43:46	5:13	54	3:50:31	71	3:50:31