



19. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 24.06.2017

Detailed evaluation

LAUFWERK Sömmerda

Total time: 14:45:49

Number: 165

Speed: 11.38 km/h

Running performance: 5:14 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 72 (of 233)

Best time in course: 10:53:15

Category:

Rank in category: 55(of 150)

Männerstaffel

Best time in the category: 10:53:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:31:02	5:10	74	23:50	97	23:50	17.60	1:31:02	5:10	74	23:50	97	23:50
Schildwiese	18.58	1:37:22	5:14	97	29:56	144	29:56	36.18	3:08:24	5:12	86	53:28	117	53:28
Neuhaus	13.54	1:12:36	5:21	68	22:04	83	22:04	49.72	4:21:00	5:14	72	1:10:14	92	1:10:14
Masserberg	19.86	1:44:02	5:14	59	26:42	86	26:42	69.58	6:05:02	5:14	65	1:36:56	82	1:36:56
Allzunah	17.89	1:27:50	4:54	33	17:17	44	17:17	87.47	7:32:52	5:10	51	1:54:13	66	1:54:13
Grenzadler	19.96	1:40:13	5:01	81	26:25	120	29:28	107.43	9:13:05	5:08	50	2:17:47	67	2:17:47
Neue Ausspanne	13.68	1:25:31	6:15	124	37:50	184	37:50	121.11	10:38:36	5:16	63	2:50:51	84	2:50:51
Kleiner Inselsber	13.90	1:22:51	5:57	115	30:27	158	30:27	135.01	12:01:27	5:20	73	3:21:18	94	3:21:18
Hohe Sonne	18.94	1:33:07	4:54	45	24:50	67	24:50	153.95	13:34:34	5:17	65	3:36:28	82	3:36:28
Hörschel	15.02	1:11:15	4:44	42	18:14	49	18:14	168.90	14:45:49	5:14	55	3:52:34	72	3:52:34