



14. Rennsteig-Querung
Welterbe-Luther-Region / 25.06.2017

Detailed evaluation

HELLRUNG, Heiko

Club: Bad Sooden-Allendorf
Number: 275

Course: 42.19 km
Marathon

Category:
Senioren M50

Total time: 4:16:46

Speed: 9.86 km/h
Running performance: 6:05 min/km

Rank in course/Total: 8 (of 22)

Rank in course/Men: 8 (of 19)

Best time in course: 3:28:42

Rank in category: 2(of 5)

Best time in the category: 3:52:58