



14. Rennsteig-Querung  
Welterbe-Luther-Region / 25.06.2017

Detailed evaluation

**FRENZEL, Jürgen**

Club: TuS Müschede 07  
Number: 287

Course: 42.19 km  
Marathon

Category:  
Senioren M55

Total time: 4:30:34

Speed: 9.31 km/h  
Running performance: 6:25 min/km

Rank in course/Total: 13 (of 22)

Rank in course/Men: 12 (of 19)

Best time in course: 3:28:42

Rank in category: 4(of 5)

Best time in the category: 3:52:55