



14. Rennsteig-Querung  
Welterbe-Luther-Region / 25.06.2017

Detailed evaluation

KRANZ, Fred

Club: Empfertshausen  
Number: 131

Course: 10.54 km  
Viertelmarathon (Lauf)

Category:  
Senioren M55

Total time: 55:06

Speed: 10.89 km/h  
Running performance: 5:14 min/km

Rank in course/Total: 4 (of 36)

Rank in course/Men: 4 (of 25)

Best time in course: 50:03

Rank in category: 1(of 4)

Best time in the category: 55:06