



RENNSTEIGRIDE

Schmiedefeld am Rennsteig / 02.09.2017

Detailed evaluation

Nowak, Steffi

Club: Rostock

Number: 283

Course: 65.00 km

LOTTO Thüringen Marathon

Category:

Seniorinnen 2

Total time: 4:22:02

Speed: 14.88 km/h

Rank in course/Total: 197 (of 293)

Rank in course/Women: 7 (of 19)

Best time in course: 3:26:08

Rank in category: 3(of 10)

Best time in the category: 3:26:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schneekopf	19.80	1:27:54	12.97	3	18:33	7	18:33	19.80	1:27:54	12.97	3	18:33	7	18:33
Grenzadler	14.20	43:44	19.21	3	10:56	6	10:56	34.00	2:11:38	15.50	3	27:55	6	27:55
Kalte Herberge	20.00	1:32:35	12.96	3	19:22	7	35:36	54.00	3:44:13	14.45	3	47:17	7	47:17
Ziel Schmiedefel	11.00	37:49	17.45	4	8:37	8	8:37	65.00	4:22:02	14.88	3	55:54	7	55:54