



# Mellomtider Riska TrailRun

Riska / 20.05.2017

## Detailed evaluation

John Terje Handeland

Total time: 6:38:11

Number: 32

Speed: - km/h

Running performance: 10:29 min/km

Enduro E Bike

Rank in course: 102 (of 143)

Best time in course: 3:46:48

Category:  
mann

Rank in category: 88(of 118)

Best time in the category: 3:46:48

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Total	Behind Total	km	Time			min/km	Pos Total	Behind Total
Dale	-	1:13:56	-	27	16:34	28	16:34	-	1:13:56	-	27	16:34	28	16:34
Hogstad	-	1:08:12	-	69	23:18	77	23:18	-	2:22:08	-	52	39:52	55	39:52
Storaberget	-	39:21	-	104	19:56	121	19:56	-	3:01:29	-	65	59:48	72	59:48
Myland	-	1:57:40	-	108	1:05:50	126	1:48:21	-	4:59:09	-	94	2:05:38	108	2:05:38
Vårlivarde	-	24:57	-	82	12:27	97	12:27	-	5:24:06	-	94	2:18:05	108	2:18:05
Lauvås	-	45:53	-	81	23:40	94	23:40	-	6:09:59	-	93	2:40:26	107	2:40:26
Finish	-	28:12	-	63	10:57	74	10:57	-	6:38:11	-	88	2:51:23	102	2:51:23