



# Mellomtider Riska TrailRun

Riska / 20.05.2017

## Detailed evaluation

**Thomas Torjusen Lange**

Club: Mississippi sti og sorpe laug

Number: 106

Total time: 6:48:11

Speed: - km/h

Running performance: 10:45 min/km

Enduro E Bike

Rank in course: 110 (of 143)

Best time in course: 3:46:48

Category:

Rank in category: 95(of 118)

mann

Best time in the category: 3:46:48

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Pos Total	Behind Total	
						Pos Total	Behind Total	Total km	Total Time					Total min/km
Dale	-	1:24:55	-	70	27:33	76	27:33	-	1:24:55	-	70	27:33	76	27:33
Hogstad	-	1:11:27	-	78	26:33	87	26:33	-	2:36:22	-	74	54:06	82	54:06
Storaberget	-	31:43	-	76	12:18	87	12:18	-	3:08:05	-	76	1:06:24	84	1:06:24
Myland	-	1:40:04	-	95	48:14	111	1:30:45	-	4:48:09	-	86	1:54:38	100	1:54:38
Vårlivarde	-	29:42	-	107	17:12	124	17:12	-	5:17:51	-	89	2:11:50	102	2:11:50
Lauvås	-	54:27	-	104	32:14	119	32:14	-	6:12:18	-	94	2:42:45	108	2:42:45
Finish	-	35:53	-	106	18:38	122	18:38	-	6:48:11	-	95	3:01:23	110	3:01:23