



Mellomtider Riska TrailRun

Riska / 20.05.2017

Detailed evaluation

Morten Urdahl

Total time: 7:14:37

Number: 136

Speed: - km/h

Running performance: 11:27 min/km

Enduro E Bike

Rank in course: 120 (of 143)

Best time in course: 3:46:48

Category:
mann

Rank in category: 105(of 118)

Best time in the category: 3:46:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Total	Behind Total	Pos Total	Behind Total			Pos Total	Behind Total	
Dale	-	1:40:37	-	110	43:15	123	43:15	-	1:40:37	-	110	43:15	123	43:15
Hogstad	-	1:22:05	-	102	37:11	117	37:11	-	3:02:42	-	107	1:20:26	121	1:20:26
Storaberget	-	37:00	-	103	17:35	120	17:35	-	3:39:42	-	107	1:38:01	122	1:38:01
Myland	-	1:37:51	-	90	46:01	106	1:28:32	-	5:17:33	-	103	2:24:02	119	2:24:02
Vårlivarde	-	28:26	-	104	15:56	121	15:56	-	5:45:59	-	103	2:39:58	118	2:39:58
Lauvås	-	53:13	-	103	31:00	118	31:00	-	6:39:12	-	105	3:09:39	120	3:09:39
Finish	-	35:25	-	102	18:10	118	18:10	-	7:14:37	-	105	3:27:49	120	3:27:49