



# Mellomtider Riska TrailRun

Riska / 20.05.2017

## Detailed evaluation

**Tor Albert Ersdal**

Club: Skjalg

Number: 36

Total time: 5:30:08

Speed: - km/h

Running performance: 8:42 min/km

Enduro E Bike

Rank in course: 43 (of 143)

Best time in course: 3:46:48

Category:

Rank in category: 40(of 118)

mann

Best time in the category: 3:46:48

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Stage score		Total ranking		Total km	Total Time	Total min/km	Pos		Behind	
				Pos Cat.	Behind Cat.	Pos Total	Behind Total				Pos Cat.	Behind Cat.	Pos Total	Behind Total
Dale	-	1:14:32	-	30	17:10	32	17:10	-	1:14:32	-	30	17:10	32	17:10
Hogstad	-	57:54	-	24	13:00	26	13:00	-	2:12:26	-	26	30:10	28	30:10
Storaberget	-	26:10	-	24	6:45	26	6:45	-	2:38:36	-	30	36:55	32	36:55
Myland	-	1:21:23	-	48	29:33	54	1:12:04	-	3:59:59	-	32	1:06:28	36	1:06:28
Vårlivarde	-	21:59	-	39	9:29	51	9:29	-	4:21:58	-	32	1:15:57	35	1:15:57
Lauvås	-	41:32	-	57	19:19	64	19:19	-	5:03:30	-	38	1:33:57	41	1:33:57
Finish	-	26:38	-	45	9:23	53	9:23	-	5:30:08	-	40	1:43:20	43	1:43:20