



Detailed evaluation

WS76/Oakley

Number: 120

Course: 41.40 km
SwimRun

Category:
Mix

Total time: 8:51:39

Speed: 4.67 km/h

Running performance: 12:51 min/km

Rank in course: 3 (of 74)

Best time in course: 8:06:48

Rank in category: 2(of 20)

Best time in the category: 8:06:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Preikestolhytta	-	18:56	-	2	0:27	7	2:02	-	18:56	-	2	0:27	7	2:02
Preikestolen	-	47:33	-	3	2:17	7	4:27	-	1:06:29	-	3	2:14	6	5:41
Bratteli	-	41:04	-	3	4:33	13	4:34	-	1:47:33	-	3	6:47	6	9:35
Bakken kai	-	1:45:44	-	2	6:49	4	6:49	-	3:33:17	-	2	13:36	5	13:37
Sognesand	-	32:16	-	1	-	4	2:21	-	4:05:33	-	2	12:48	5	15:46
Kåsaklubben	-	27:28	-	2	2:32	6	26:24	-	4:33:01	-	2	15:20	5	18:14
Flørli	-	50:17	-	2	5:55	8	5:55	-	5:23:18	-	2	21:15	4	21:15
Ternevatnet	-	32:17	-	3	18:06	5	18:06	-	5:55:35	-	2	21:49	4	22:05
Klubbatjørna	-	3:22	-	3	1:08	5	1:08	-	5:58:57	-	2	22:57	4	22:57
Flørli	-	48:11	-	3	6:34	9	6:34	-	6:47:08	-	2	29:31	4	29:31
Finish	-	2:04:31	-	12	38:38	46	43:44	41.40	8:51:39	-	2	44:51	3	44:51