



## Detailed evaluation

Team Nynäshamns Ångbryggeri

Number: 107

Course: 41.40 km  
SwimRun

Category:  
Mix

Total time: 11:12:10

Speed: 3.70 km/h

Running performance: 16:15 min/km

Rank in course: 29 (of 74)

Best time in course: 8:06:48

Rank in category: 10(of 20)

Best time in the category: 8:06:48

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Total | Behind<br>Total | Total<br>km | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Total | Behind<br>Total |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| Preikestolhytta | -           | 1:44:30       | -               | 12          | 1:26:01        | 35           | 1:27:36         | -           | 1:44:30       | -               | 12          | 1:26:01        | 35           | 1:27:36         |
| Preikestolen    | -           | 48:15         | -               | 4           | 2:59           | 8            | 5:09            | -           | 2:32:45       | -               | 12          | 1:28:30        | 35           | 1:31:57         |
| Bratteli        | -           | 43:48         | -               | 9           | 7:17           | 30           | 7:18            | -           | 3:16:33       | -               | 12          | 1:35:47        | 35           | 1:38:35         |
| Bakken kai      | -           | 2:27:18       | -               | 14          | 48:23          | 45           | 48:23           | -           | 5:43:51       | -               | 12          | 2:24:10        | 37           | 2:24:11         |
| Sognesand       | -           | 38:27         | -               | 8           | 6:11           | 19           | 8:32            | -           | 6:22:18       | -               | 12          | 2:29:33        | 34           | 2:32:31         |
| Kåsaklubben     | -           | 39:17         | -               | 11          | 14:21          | 45           | 38:13           | -           | 7:01:35       | -               | 11          | 2:43:54        | 33           | 2:46:48         |
| Flørli          | -           | 1:00:22       | -               | 11          | 16:00          | 33           | 16:00           | -           | 8:01:57       | -               | 11          | 2:59:54        | 34           | 2:59:54         |
| Ternevatnet     | -           | 39:45         | -               | 11          | 25:34          | 18           | 25:34           | -           | 8:41:42       | -               | 11          | 3:07:56        | 32           | 3:08:12         |
| Klubbatjørna    | -           | 4:30          | -               | 7           | 2:16           | 20           | 2:16            | -           | 8:46:12       | -               | 10          | 3:10:12        | 30           | 3:10:12         |
| Flørli          | -           | 54:17         | -               | 9           | 12:40          | 26           | 12:40           | -           | 9:40:29       | -               | 10          | 3:22:52        | 29           | 3:22:52         |
| Finish          | -           | 1:31:41       | -               | 3           | 5:48           | 12           | 10:54           | 41.40       | 11:12:10      | -               | 10          | 3:05:22        | 30           | 3:05:22         |