



Rockman Swimrun

Lysefjorden / 15.07.2017

Detailed evaluation

Team Billingen X-trail

Number: 343

Course: 41.40 km
SwimRun

Category:
Men

Total time: 9:41:11

Speed: 4.27 km/h

Running performance: 14:03 min/km

Rank in course: 13 (of 74)

Best time in course: 8:06:48

Rank in category: 6(of 47)

Best time in the category: 8:26:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Preikestolhytta	-	24:33	-	15	7:39	26	7:39	-	24:33	-	15	7:39	26	7:39
Preikestolen	-	51:37	-	9	8:31	19	8:31	-	1:16:10	-	14	15:22	25	15:22
Bratteli	-	46:36	-	29	10:06	46	10:06	-	2:02:46	-	15	24:48	26	24:48
Bakken kai	-	1:57:13	-	11	15:31	16	18:18	-	3:59:59	-	13	40:19	23	40:19
Sognesand	-	41:55	-	17	12:00	32	12:00	-	4:41:54	-	14	52:07	24	52:07
Kåsaklubben	-	38:00	-	27	36:56	40	36:56	-	5:19:54	-	14	1:05:07	24	1:05:07
Flørli	-	48:05	-	1	-	3	3:43	-	6:07:59	-	14	1:05:04	24	1:05:56
Ternevatnet	-	44:33	-	18	13:58	37	30:22	-	6:52:32	-	13	1:19:02	23	1:19:02
Klubbatjørna	-	3:37	-	4	0:51	11	1:23	-	6:56:09	-	13	1:19:53	23	1:20:09
Flørli	-	43:15	-	2	0:25	3	1:38	-	7:39:24	-	10	1:14:39	20	1:21:47
Finish	-	2:01:47	-	28	41:00	42	41:00	41.40	9:41:11	-	6	1:14:33	13	1:34:23