



19. Schöninger MTB-Cup
Schöningen / 19.08.2017

Detailed evaluation

Arendt, Roland

Club: RSV 23 Braunschweig
Number: 424

Course: 67.60 km
Rennen 1: 67,6 km Marathon

Category:
Senioren 2

Total time: 3:09:36

Speed: 21.20 km/h
Running performance: 2:48 min/km

Rank in course/Total: 9 (of 17)

Rank in course/Men: 9 (of 16)

Best time in course: 2:46:37

Rank in category: 3(of 5)

Best time in the category: 2:46:57

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.80	1:40	2:05	2	0:01	5	0:02	0.80	1:40	2:05	2	0:01	5	0:02
Lap 2	16.50	44:16	2:40	4	3:41	10	3:42	17.30	45:56	2:39	4	3:41	8	3:42
Lap 3	16.50	45:58	2:47	3	5:58	10	5:58	33.80	1:31:54	2:43	3	9:36	9	9:36
Lap 4	16.50	48:00	2:54	4	7:05	10	7:06	50.30	2:19:54	2:46	3	16:41	9	16:41
Last lap Finish	17.30	49:42	2:52	3	5:58	8	7:27	67.60	3:09:36	2:48	3	22:39	9	22:59