



37. Silberberglauf  
Möhrenbach/ Thüringen / 06.05.2017

Detailed evaluation

**FORNELL, Thomas**

Club: Ost West Express  
Number: 743

Course: 18.00 km  
Großer Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:31:54

Speed: 11.75 km/h  
Running performance: 5:07 min/km

Rank in course/Total: 20 (of 48)

Rank in course/Men: 20 (of 42)

Best time in course: 1:11:04

Rank in category: 3(of 6)

Best time in the category: 1:16:23