



37. Silberberglauf  
Möhrenbach/ Thüringen / 06.05.2017

Detailed evaluation

**SIMON, Holger**

Club: Schmalkalden  
Number: 811

Course: 11.00 km  
Hauptlauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 58:35

Speed: 11.27 km/h  
Running performance: 5:20 min/km

Rank in course/Total: 27 (of 60)

Rank in course/Men: 24 (of 47)

Best time in course: 45:53

Rank in category: 4(of 8)

Best time in the category: 46:51