



Detailed evaluation

Groß, Sebastian

Club: SV Wissenschaft Quedlinburg

Total time: 1:45:24

Running performance: 5:35 min/km

Course: 18.85 km / 21 Controls

Category:

HE (Herren Elite)

Rank in category: 6(of 33)

Best time in the category: 1:35:22

Behind: 10:02

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	3:19	11	0:29	17.1	3:19	11	0:29	17.1
2 (51)	1:37	7	0:05	5.4	4:56	10	0:32	12.1
3 (33)	2:05	8	0:10	8.7	7:01	10	0:36	9.4
4 (34)	1:43	5	0:09	9.6	8:44	9	0:45	9.4
5 (35)	10:25	8	1:16	13.8	19:09	8	1:57	11.3
6 (36)	7:06	15	1:09	19.3	26:15	9	3:03	13.2
7 (37)	8:18	5	0:41	9.0	34:33	8	3:42	12.0
8 (50)	2:46	3	2:46	-	37:19	7	3:13	9.4
9 (32)	7:09	4	0:32	8.1	44:28	7	3:45	9.2
10 (38)	3:48	8	0:26	12.9	48:16	6	4:08	9.4
11 (39)	12:02	6	0:57	8.6	1:00:18	7	5:00	9.0
12 (40)	2:35	3	0:04	2.7	1:02:53	6	4:46	8.2
13 (41)	8:17	5	0:40	8.8	1:11:10	6	5:03	7.6
14 (42)	2:24	9	0:20	16.1	1:13:34	6	5:23	7.9
15 (48)	10:00	6	1:16	14.5	1:23:34	6	6:39	8.7
16 (53)	0:39	4	0:05	14.7	1:24:13	6	6:44	8.7
17 (44)	4:27	6	0:37	16.1	1:28:40	5	7:21	9.0
18 (43)	2:14	11	0:20	17.5	1:30:54	6	7:41	9.2
19 (45)	9:10	9	1:37	21.4	1:40:04	6	9:18	10.3
20 (46)	1:50	11	0:21	23.6	1:41:54	6	9:38	10.4
21 (49)	3:08	12	0:25	15.3	1:45:02	6	10:01	10.5
Finish	0:22	11	0:03	15.8	1:45:24	6	10:02	10.5