



## Detailed evaluation

Fremder, Lars

Club: OL-Team Wehrsdorf

Total time: 2:03:29

Running performance: 7:04 min/km

Course: 17.45 km / 18 Controls

Category:

H35 (Herren ab 35)

Rank in category: 5(of 14)

Best time in the category: 1:58:27

Behind: 5:02

### Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	4:20	1	-	-	4:20	1	-	-
2 (32)	2:31	2	0:03	2.0	6:51	1	-	-
3 (33)	2:25	2	0:01	0.7	9:16	1	-	-
4 (38)	3:36	4	0:10	4.9	12:52	1	-	-
5 (35)	13:54	4	0:38	4.8	26:46	1	-	-
6 (36)	7:38	2	0:03	0.7	34:24	1	-	-
7 (48)	5:05	6	0:32	11.7	39:29	2	0:05	0.2
8 (37)	6:23	6	0:14	3.8	45:52	2	0:18	0.7
9 (50)	5:36	8	1:05	24.0	51:28	3	0:56	1.9
10 (34)	14:41	6	1:27	11.0	1:06:09	3	2:12	3.4
11 (39)	14:41	4	0:39	4.6	1:20:50	3	2:20	3.0
12 (42)	6:28	6	0:25	6.9	1:27:18	3	2:42	3.2
13 (44)	14:37	3	0:43	5.2	1:41:55	4	2:19	2.3
14 (43)	3:06	8	0:25	15.5	1:45:01	4	2:35	2.5
15 (45)	11:09	7	7:17	188.4	1:56:10	4	3:40	3.3
16 (46)	2:22	7	0:30	26.8	1:58:32	4	4:04	3.6
17 (47)	2:30	8	0:42	38.9	2:01:02	5	4:46	4.1
18 (49)	2:04	8	0:28	29.2	2:03:06	5	5:09	4.4
Finish	0:23	2	0:01	4.6	2:03:29	5	5:02	4.3