



Detailed evaluation

Haenelt, Stephan

Club: SV IHW Alex 78 Berlin

Total time: 3:05:29

Running performance: 10:37 min/km

Course: 17.45 km / 18 Controls

Category:

H35 (Herren ab 35)

Rank in category: 12(of 14)

Best time in the category: 1:58:27

Behind: 1:07:02

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	5:11	9	0:51	19.6	5:11	9	0:51	19.6
2 (32)	3:28	13	1:00	40.5	8:39	13	1:48	26.3
3 (33)	3:32	12	1:08	47.2	12:11	12	2:55	31.5
4 (38)	4:35	12	1:09	33.5	16:46	12	3:54	30.3
5 (35)	20:26	12	7:10	54.0	37:12	12	10:26	39.0
6 (36)	13:52	14	6:17	82.9	51:04	13	16:40	48.5
7 (48)	7:21	13	2:48	61.5	58:25	13	19:01	48.3
8 (37)	9:37	13	3:28	56.4	1:08:02	13	22:28	49.3
9 (50)	4:31	1	-	-	1:12:33	12	22:01	43.6
10 (34)	20:25	13	7:11	54.3	1:32:58	12	29:01	45.4
11 (39)	28:03	13	14:01	99.9	2:01:01	12	42:31	54.2
12 (42)	9:50	12	3:47	62.5	2:10:51	12	46:15	54.7
13 (44)	26:42	12	12:48	92.1	2:37:33	12	57:57	58.2
14 (43)	4:35	12	1:54	70.8	2:42:08	12	59:42	58.3
15 (45)	15:17	13	11:25	295.3	2:57:25	12	1:04:55	57.7
16 (46)	2:50	12	0:58	51.8	3:00:15	12	1:05:47	57.5
17 (47)	2:34	10	0:46	42.6	3:02:49	12	1:06:33	57.2
18 (49)	2:12	11	0:36	37.5	3:05:01	12	1:07:04	56.9
Finish	0:28	6	0:06	27.3	3:05:29	12	1:07:02	56.6