



Detailed evaluation

Prušová, Markéta

Club: USK Praha

Total time: 1:02:44

Running performance: 7:05 min/km

Course: 8.85 km / 11 Controls

Category:

D45 (Damen ab 45)

Rank in category: 2(of 9)

Best time in the category: 1:01:39

Behind: 1:05

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (46)	3:14	2	0:10	5.4	3:14	2	0:10	5.4
2 (45)	2:59	1	-	-	6:13	1	-	-
3 (48)	6:50	2	0:17	4.3	13:03	2	0:17	2.2
4 (43)	5:19	2	0:04	1.3	18:22	2	0:21	1.9
5 (44)	1:47	1	-	-	20:09	2	0:10	0.8
6 (35)	15:29	2	0:12	1.3	35:38	2	0:22	1.0
7 (38)	18:15	2	0:41	3.9	53:53	2	1:03	2.0
8 (33)	2:51	2	0:03	1.8	56:44	2	1:06	2.0
9 (32)	1:57	2	0:01	0.9	58:41	2	0:48	1.4
10 (31)	1:07	2	0:02	3.1	59:48	2	0:50	1.4
11 (49)	2:30	4	0:12	8.7	1:02:18	2	1:02	1.7
Finish	0:26	4	0:03	13.0	1:02:44	2	1:05	1.8