



Detailed evaluation

Bínová, Kathrin

Club: MLOK Mariánské Lázně

Total time: 1:30:09

Running performance: 10:11 min/km

Course: 8.85 km / 11 Controls

Category:

D45 (Damen ab 45)

Rank in category: 8(of 9)

Best time in the category: 1:01:39

Behind: 28:30

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (46)	4:55	8	1:51	60.3	4:55	8	1:51	60.3
2 (45)	6:08	9	3:09	105.6	11:03	9	4:50	77.8
3 (48)	8:36	7	2:03	31.3	19:39	8	6:53	53.9
4 (43)	6:31	6	1:16	24.1	26:10	8	8:09	45.2
5 (44)	2:05	6	0:18	16.8	28:15	8	8:16	41.4
6 (35)	19:31	5	4:14	27.7	47:46	7	12:30	35.4
7 (38)	25:40	8	8:06	46.1	1:13:26	7	20:36	39.0
8 (33)	3:48	8	1:00	35.7	1:17:14	7	21:36	38.8
9 (32)	6:37	9	4:41	242.2	1:23:51	8	25:58	44.9
10 (31)	1:51	9	0:46	70.8	1:25:42	8	26:44	45.3
11 (49)	3:55	8	1:37	70.3	1:29:37	8	28:21	46.3
Finish	0:32	7	0:09	39.1	1:30:09	8	28:30	46.2