



Detailed evaluation

Hänsel, Jörg

Club: SV Lengfeld

Total time: 2:06:32

Running performance: 10:18 min/km

Course: 12.28 km / 16 Controls

Category:

H45 (Herren ab 45)

Rank in category: 22(of 27)

Best time in the category: 1:23:50

Behind: 42:42

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	5:27	15	0:47	16.8	5:27	15	0:47	16.8
2 (32)	3:18	16	0:39	24.5	8:45	16	1:26	19.6
3 (38)	6:47	19	2:03	43.3	15:32	17	3:29	28.9
4 (39)	23:21	22	8:29	57.1	38:53	19	11:58	44.5
5 (42)	9:35	21	3:29	57.1	48:28	19	13:34	38.9
6 (35)	8:57	21	3:41	69.9	57:25	19	16:36	40.7
7 (36)	15:31	25	12:41	447.7	1:12:56	22	24:05	49.3
8 (44)	7:24	22	2:52	63.2	1:20:20	22	26:57	50.5
9 (43)	3:46	21	1:08	43.0	1:24:06	22	27:41	49.1
10 (48)	10:57	24	5:09	88.8	1:35:03	22	31:38	49.9
11 (45)	6:45	22	2:46	69.5	1:41:48	22	34:24	51.0
12 (37)	6:13	24	3:07	100.5	1:48:01	22	37:27	53.1
13 (50)	5:05	11	0:48	18.7	1:53:06	22	37:29	49.6
14 (46)	6:24	22	2:31	64.8	1:59:30	22	39:46	49.9
15 (47)	3:12	21	1:25	79.4	2:02:42	22	40:53	50.0
16 (49)	3:17	23	1:41	105.2	2:05:59	22	42:34	51.0
Finish	0:33	21	0:10	43.5	2:06:32	22	42:42	50.9