



## Detailed evaluation

Röhner, Uwe

Club: SV IHW Alex 78 Berlin

Total time: 2:02:07

Running performance: 9:56 min/km

Course: 12.28 km / 16 Controls

Category:

H45 (Herren ab 45)

Rank in category: 21(of 27)

Best time in the category: 1:23:50

Behind: 38:17

### Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (31)   | 5:20       | 11       | 0:40        | 14.3     | 5:20       | 11       | 0:40        | 14.3     |
| 2 (32)   | 3:14       | 13       | 0:35        | 22.0     | 8:34       | 11       | 1:15        | 17.1     |
| 3 (38)   | 6:48       | 20       | 2:04        | 43.7     | 15:22      | 15       | 3:19        | 27.5     |
| 4 (39)   | 26:38      | 24       | 11:46       | 79.2     | 42:00      | 24       | 15:05       | 56.0     |
| 5 (42)   | 8:54       | 19       | 2:48        | 45.9     | 50:54      | 22       | 16:00       | 45.9     |
| 6 (35)   | 8:22       | 20       | 3:06        | 58.9     | 59:16      | 22       | 18:27       | 45.2     |
| 7 (36)   | 11:55      | 20       | 9:05        | 320.6    | 1:11:11    | 20       | 22:20       | 45.7     |
| 8 (44)   | 7:35       | 23       | 3:03        | 67.3     | 1:18:46    | 21       | 25:23       | 47.6     |
| 9 (43)   | 3:15       | 10       | 0:37        | 23.4     | 1:22:01    | 21       | 25:36       | 45.4     |
| 10 (48)  | 9:54       | 20       | 4:06        | 70.7     | 1:31:55    | 21       | 28:30       | 44.9     |
| 11 (45)  | 7:46       | 24       | 3:47        | 95.0     | 1:39:41    | 21       | 32:17       | 47.9     |
| 12 (37)  | 4:30       | 21       | 1:24        | 45.2     | 1:44:11    | 21       | 33:37       | 47.6     |
| 13 (50)  | 4:23       | 3        | 0:06        | 2.3      | 1:48:34    | 21       | 32:57       | 43.6     |
| 14 (46)  | 7:37       | 23       | 3:44        | 96.1     | 1:56:11    | 21       | 36:27       | 45.7     |
| 15 (47)  | 2:48       | 17       | 1:01        | 57.0     | 1:58:59    | 21       | 37:10       | 45.4     |
| 16 (49)  | 2:27       | 16       | 0:51        | 53.1     | 2:01:26    | 21       | 38:01       | 45.6     |
| Finish   | 0:41       | 23       | 0:18        | 78.3     | 2:02:07    | 21       | 38:17       | 45.7     |