



Detailed evaluation

Tröße, Renate

Club: SV TU Ilmenau

Total time: 1:19:27

Running performance: 10:57 min/km

Course: 7.25 km / 11 Controls

Category:

D55 (Damen ab 55)

Rank in category: 4(of 6)

Best time in the category: 1:06:24

Behind: 13:03

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (46)	4:05	2	0:32	15.0	4:05	2	0:32	15.0
2 (45)	3:55	2	0:14	6.3	8:00	1	-	-
3 (53)	9:14	2	0:18	3.4	17:14	1	-	-
4 (36)	8:22	3	2:10	35.0	25:36	2	0:20	1.3
5 (35)	11:56	3	4:19	56.7	37:32	2	3:30	10.3
6 (34)	31:03	6	13:50	80.4	1:08:35	4	13:42	25.0
7 (33)	2:36	1	-	-	1:11:11	4	13:33	23.5
8 (32)	2:19	1	-	-	1:13:30	4	13:00	21.5
9 (31)	1:18	1	-	-	1:14:48	3	13:00	21.0
10 (47)	1:40	1	-	-	1:16:28	3	12:42	19.9
11 (49)	2:29	5	0:35	30.7	1:18:57	4	12:59	19.7
Finish	0:30	2	0:04	15.4	1:19:27	4	13:03	19.7