



Detailed evaluation

Tröße, Renate

Club: SV TU Ilmenau

Total time: 1:19:27

Running performance: 10:57 min/km

Course: 7.25 km / 11 Controls

Category:

D55 (Damen ab 55)

Rank in category: 4(of 6)

Best time in the category: 1:06:24

Behind: 13:03

Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (46) | 4:05 | 2 | 0:32 | 15.0 | 4:05 | 2 | 0:32 | 15.0 |
| 2 (45) | 3:55 | 2 | 0:14 | 6.3 | 8:00 | 1 | - | - |
| 3 (53) | 9:14 | 2 | 0:18 | 3.4 | 17:14 | 1 | - | - |
| 4 (36) | 8:22 | 3 | 2:10 | 35.0 | 25:36 | 2 | 0:20 | 1.3 |
| 5 (35) | 11:56 | 3 | 4:19 | 56.7 | 37:32 | 2 | 3:30 | 10.3 |
| 6 (34) | 31:03 | 6 | 13:50 | 80.4 | 1:08:35 | 4 | 13:42 | 25.0 |
| 7 (33) | 2:36 | 1 | - | - | 1:11:11 | 4 | 13:33 | 23.5 |
| 8 (32) | 2:19 | 1 | - | - | 1:13:30 | 4 | 13:00 | 21.5 |
| 9 (31) | 1:18 | 1 | - | - | 1:14:48 | 3 | 13:00 | 21.0 |
| 10 (47) | 1:40 | 1 | - | - | 1:16:28 | 3 | 12:42 | 19.9 |
| 11 (49) | 2:29 | 5 | 0:35 | 30.7 | 1:18:57 | 4 | 12:59 | 19.7 |
| Finish | 0:30 | 2 | 0:04 | 15.4 | 1:19:27 | 4 | 13:03 | 19.7 |