



Detailed evaluation

Richter, Frank

Club: Volkssport Berlin

Total time: 1:14:38

Running performance: - min/km

Category:

H55 (Herren ab 55)

Rank in category: 12(of 17)

Best time in the category: 1:00:39

Behind: 13:59

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	5:58	10	0:58	19.3	5:58	10	0:58	19.3
2 (51)	2:59	14	0:49	37.7	8:57	10	1:26	19.1
3 (34)	6:30	13	1:03	19.3	15:27	11	2:09	16.2
4 (35)	17:17	13	3:35	26.2	32:44	11	5:39	20.9
5 (36)	10:58	11	2:53	35.7	43:42	11	8:32	24.3
6 (48)	6:53	13	2:01	41.4	50:35	11	10:30	26.2
7 (37)	8:19	13	2:00	31.7	58:54	12	12:18	26.4
8 (50)	5:03	4	0:27	9.8	1:03:57	12	12:23	24.0
9 (46)	5:14	12	1:04	25.6	1:09:11	12	13:11	23.5
10 (49)	4:41	7	0:39	16.1	1:13:52	12	13:40	22.7
Finish	0:46	17	0:22	91.7	1:14:38	12	13:59	23.1