



Detailed evaluation

Braatz, Frank

Club: Treptower SV 1949

Total time: 1:12:02

Running performance: 8:41 min/km

Course: 8.28 km / 10 Controls

Category:

H55 (Herren ab 55)

Rank in category: 11(of 17)

Best time in the category: 1:00:39

Behind: 11:23

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	9:58	17	4:58	99.3	9:58	17	4:58	99.3
2 (51)	2:51	11	0:41	31.5	12:49	17	5:18	70.5
3 (34)	5:39	3	0:12	3.7	18:28	14	5:10	38.9
4 (35)	15:36	10	1:54	13.9	34:04	13	6:59	25.8
5 (36)	11:19	13	3:14	40.0	45:23	12	10:13	29.1
6 (48)	5:16	4	0:24	8.2	50:39	12	10:34	26.4
7 (37)	7:07	9	0:48	12.7	57:46	11	11:10	24.0
8 (50)	5:20	7	0:44	15.9	1:03:06	11	11:32	22.4
9 (46)	4:19	3	0:09	3.6	1:07:25	11	11:25	20.4
10 (49)	4:11	4	0:09	3.7	1:11:36	11	11:24	18.9
Finish	0:26	2	0:02	8.3	1:12:02	11	11:23	18.8