



Detailed evaluation

Nosál, Stanislav

Club: SK Stopa Praha

Total time: 2:02:02

Running performance: 15:23 min/km

Course: 7.93 km / 10 Controls

Category:

H65 (Herren ab 65)

Rank in category: 7(of 8)

Best time in the category: 58:34

Behind: 1:03:28

Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (51) | 13:58 | 7 | 7:12 | 106.4 | 13:58 | 7 | 7:12 | 106.4 |
| 2 (34) | 11:54 | 7 | 7:16 | 156.8 | 25:52 | 7 | 14:28 | 126.9 |
| 3 (35) | 32:40 | 7 | 19:41 | 151.6 | 58:32 | 7 | 34:09 | 140.1 |
| 4 (36) | 17:18 | 7 | 7:56 | 84.7 | 1:15:50 | 7 | 42:05 | 124.7 |
| 5 (53) | 9:48 | 7 | 5:41 | 138.1 | 1:25:38 | 7 | 47:46 | 126.1 |
| 6 (37) | 13:17 | 7 | 6:52 | 107.0 | 1:38:55 | 7 | 54:38 | 123.4 |
| 7 (50) | 6:22 | 6 | 1:01 | 19.0 | 1:45:17 | 7 | 55:29 | 111.4 |
| 8 (46) | 8:52 | 7 | 4:11 | 89.3 | 1:54:09 | 7 | 59:40 | 109.5 |
| 9 (47) | 3:52 | 7 | 1:56 | 100.0 | 1:58:01 | 7 | 1:01:36 | 109.2 |
| 10 (49) | 3:11 | 6 | 1:31 | 91.0 | 2:01:12 | 7 | 1:03:07 | 108.7 |
| Finish | 0:50 | 7 | 0:22 | 78.6 | 2:02:02 | 7 | 1:03:28 | 108.4 |