



Detailed evaluation

Koc, Zdenek

Club: SK Stopa Praha

Total time: 1:21:27

Running performance: 10:16 min/km

Course: 7.93 km / 10 Controls

Category:

H65 (Herren ab 65)

Rank in category: 3(of 8)

Best time in the category: 58:34

Behind: 22:53

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (51)	10:09	4	3:23	50.0	10:09	4	3:23	50.0
2 (34)	7:36	4	2:58	64.0	17:45	4	6:21	55.7
3 (35)	19:11	4	6:12	47.8	36:56	3	12:33	51.5
4 (36)	12:11	5	2:49	30.1	49:07	4	15:22	45.5
5 (53)	6:03	4	1:56	47.0	55:10	4	17:18	45.7
6 (37)	9:15	4	2:50	44.2	1:04:25	4	20:08	45.5
7 (50)	5:36	3	0:15	4.7	1:10:01	3	20:13	40.6
8 (46)	5:22	2	0:41	14.6	1:15:23	3	20:54	38.4
9 (47)	3:04	5	1:08	58.6	1:18:27	3	22:02	39.1
10 (49)	2:24	3	0:44	44.0	1:20:51	3	22:46	39.2
Finish	0:36	5	0:08	28.6	1:21:27	3	22:53	39.1