



Detailed evaluation

von Gaza, Anke

Club: OLV Uslar

Total time: 53:56

Running performance: 8:50 min/km

Course: 6.10 km / 19 Controls

Category:

DE (Damen Elite)

Rank in category: 10(of 12)

Best time in the category: 35:06

Behind: 18:50

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	1:27	10	0:37	74.0	1:27	10	0:37	74.0
2 (32)	2:06	10	0:28	28.6	3:33	9	1:05	43.9
3 (35)	8:29	11	3:30	70.2	12:02	10	4:35	61.5
4 (36)	1:59	8	0:31	35.2	14:01	10	5:05	56.9
5 (38)	2:00	10	0:31	34.8	16:01	10	5:35	53.5
6 (39)	0:45	9	0:09	25.0	16:46	10	5:40	51.1
7 (42)	2:08	12	1:01	91.0	18:54	10	6:41	54.7
8 (43)	8:33	12	4:08	93.6	27:27	10	10:41	63.7
9 (45)	5:49	10	2:26	71.9	33:16	10	12:40	61.5
10 (47)	5:12	8	1:34	43.1	38:28	10	13:52	56.4
11 (49)	3:28	11	2:16	188.9	41:56	10	15:19	57.6
12 (52)	2:06	11	0:36	40.0	44:02	10	15:55	56.6
13 (53)	1:33	11	0:34	57.6	45:35	10	16:25	56.3
14 (54)	1:38	11	0:33	50.8	47:13	10	16:58	56.1
15 (55)	1:45	11	0:43	69.4	48:58	10	17:37	56.2
16 (58)	0:37	11	0:12	48.0	49:35	10	17:48	56.0
17 (51)	2:11	11	0:47	56.0	51:46	10	18:27	55.4
18 (56)	1:02	7	0:12	24.0	52:48	10	18:37	54.5
19 (57)	0:44	9	0:10	29.4	53:32	10	18:47	54.1
Finish	0:24	7	0:06	33.3	53:56	10	18:50	53.7