



Detailed evaluation

Fremder, Lars

Club: OL-Team Wehrsdorf

Total time: 50:37

Running performance: 7:38 min/km

Course: 6.63 km / 20 Controls

Category:

H35 (Herren ab 35)

Rank in category: 8(of 17)

Best time in the category: 44:30

Behind: 6:07

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	1:07	4	0:12	21.8	1:07	4	0:12	21.8
2 (32)	1:47	5	0:11	11.5	2:54	3	0:13	8.1
3 (33)	6:41	11	1:12	21.9	9:35	9	1:17	15.5
4 (35)	1:13	14	0:18	32.7	10:48	9	1:30	16.1
5 (36)	2:13	13	0:31	30.4	13:01	9	1:49	16.2
6 (38)	2:05	13	0:19	17.9	15:06	9	1:57	14.8
7 (40)	1:13	3	0:05	7.4	16:19	8	2:02	14.2
8 (42)	1:06	4	0:05	8.2	17:25	8	1:55	12.4
9 (43)	6:07	9	1:24	29.7	23:32	8	2:12	10.3
10 (45)	6:13	16	1:50	41.8	29:45	13	4:02	15.7
11 (46)	5:13	2	0:03	1.0	34:58	9	4:05	13.2
12 (47)	1:48	12	0:39	56.5	36:46	9	4:27	13.8
13 (49)	3:08	14	1:43	121.2	39:54	9	6:02	17.8
14 (52)	1:45	2	0:02	1.9	41:39	9	5:52	16.4
15 (55)	1:39	7	0:15	17.9	43:18	9	5:56	15.9
16 (53)	0:24	1	-	-	43:42	8	5:51	15.5
17 (54)	1:27	12	0:23	35.9	45:09	8	5:57	15.2
18 (51)	3:16	6	0:18	10.1	48:25	8	6:13	14.7
19 (56)	0:58	4	0:07	13.7	49:23	8	6:11	14.3
20 (57)	0:54	14	0:16	42.1	50:17	8	6:15	14.2
Finish	0:20	1	-	-	50:37	8	6:07	13.8