



Detailed evaluation

Nemecková, Jarmila

Club: USK Praha

Total time: 55:13

Running performance: 9:33 min/km

Course: 5.78 km / 16 Controls

Category:

D45 (Damen ab 45)

Rank in category: 6(of 11)

Best time in the category: 42:49

Behind: 12:24

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	2:13	6	1:00	82.2	2:13	6	1:00	82.2
2 (32)	2:44	6	0:52	46.4	4:57	6	1:36	47.8
3 (34)	7:25	6	1:26	24.0	12:22	6	2:48	29.3
4 (36)	1:39	4	0:20	25.3	14:01	6	2:59	27.0
5 (38)	2:51	8	1:02	56.9	16:52	6	4:01	31.3
6 (41)	1:40	4	0:28	38.9	18:32	6	4:29	31.9
7 (43)	8:09	5	1:45	27.3	26:41	6	6:06	29.6
8 (45)	6:01	6	1:31	33.7	32:42	6	7:37	30.4
9 (47)	6:55	9	2:12	46.6	39:37	6	9:49	32.9
10 (49)	2:44	9	0:56	51.9	42:21	6	9:59	30.8
11 (52)	2:23	4	0:20	16.3	44:44	6	10:06	29.2
12 (53)	1:48	7	0:33	44.0	46:32	6	10:28	29.0
13 (55)	1:54	9	0:54	90.0	48:26	6	11:13	30.1
14 (51)	3:26	5	0:54	35.5	51:52	6	11:13	27.6
15 (56)	1:35	9	0:33	53.2	53:27	6	11:46	28.2
16 (57)	1:12	10	0:28	63.6	54:39	6	12:13	28.8
Finish	0:34	7	0:11	47.8	55:13	6	12:24	29.0