



Detailed evaluation

Bínová, Kathrin

Club: MLOK Mariánské Lázně

Total time: 1:06:18

Running performance: 11:28 min/km

Course: 5.78 km / 16 Controls

Category:

D45 (Damen ab 45)

Rank in category: 9(of 11)

Best time in the category: 42:49

Behind: 23:29

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	3:19	8	2:06	172.6	3:19	8	2:06	172.6
2 (32)	3:52	10	2:00	107.1	7:11	9	3:50	114.4
3 (34)	8:42	8	2:43	45.4	15:53	9	6:19	66.0
4 (36)	2:30	9	1:11	89.9	18:23	9	7:21	66.6
5 (38)	2:48	7	0:59	54.1	21:11	9	8:20	64.9
6 (41)	2:47	10	1:35	131.9	23:58	9	9:55	70.6
7 (43)	9:34	10	3:10	49.5	33:32	9	12:57	62.9
8 (45)	7:41	10	3:11	70.7	41:13	9	16:08	64.3
9 (47)	6:20	7	1:37	34.3	47:33	9	17:45	59.6
10 (49)	2:05	3	0:17	15.7	49:38	9	17:16	53.4
11 (52)	5:05	10	3:02	148.0	54:43	9	20:05	58.0
12 (53)	2:07	9	0:52	69.3	56:50	9	20:46	57.6
13 (55)	1:28	6	0:28	46.7	58:18	9	21:05	56.7
14 (51)	4:38	9	2:06	82.9	1:02:56	9	22:17	54.8
15 (56)	1:45	10	0:43	69.4	1:04:41	9	23:00	55.2
16 (57)	1:02	8	0:18	40.9	1:05:43	9	23:17	54.9
Finish	0:35	8	0:12	52.2	1:06:18	9	23:29	54.9