



Detailed evaluation

Zlesáková, Vlasta

Club: OK Jilemnice

Total time: 35:30

Running performance: 10:30 min/km

Course: 3.38 km / 11 Controls

Category:

D55 (Damen ab 55)

Rank in category: 4(of 6)

Best time in the category: 30:52

Behind: 4:38

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (44)	3:18	3	0:48	32.0	3:18	3	0:48	32.0
2 (45)	4:07	5	0:56	29.3	7:25	4	1:34	26.8
3 (32)	4:44	2	0:56	24.6	12:09	3	1:13	11.1
4 (46)	2:42	1	-	-	14:51	3	0:19	2.2
5 (47)	2:06	2	0:01	0.8	16:57	2	0:14	1.4
6 (50)	1:22	1	-	-	18:19	1	-	-
7 (59)	0:57	3	0:04	7.6	19:16	1	-	-
8 (52)	6:29	6	4:38	250.5	25:45	4	4:33	21.5
9 (55)	3:14	6	0:51	35.7	28:59	4	4:38	19.0
10 (51)	3:45	3	0:03	1.4	32:44	4	3:57	13.7
11 (57)	2:17	5	1:01	80.3	35:01	4	4:44	15.6
Finish	0:29	1	-	-	35:30	4	4:38	15.0