



Detailed evaluation

Nosál, Stanislav

Club: SK Stopa Praha

Total time: 54:14

Running performance: 14:39 min/km

Course: 3.70 km / 14 Controls

Category:

H65 (Herren ab 65)

Rank in category: 6(of 7)

Best time in the category: 25:24

Behind: 28:50

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (46)	2:02	5	1:10	134.6	2:02	5	1:10	134.6
2 (32)	6:15	6	3:08	100.5	8:17	6	4:18	108.0
3 (45)	4:18	6	2:12	104.8	12:35	6	6:30	106.9
4 (47)	9:06	6	4:16	88.3	21:41	6	10:46	98.6
5 (48)	3:17	6	2:14	212.7	24:58	6	13:00	108.6
6 (50)	2:48	6	1:44	162.5	27:46	6	14:38	111.4
7 (59)	4:17	6	3:33	484.1	32:03	6	18:11	131.1
8 (52)	4:10	6	2:43	187.4	36:13	6	20:54	136.5
9 (55)	3:03	6	1:13	66.4	39:16	6	22:07	129.0
10 (54)	2:37	6	1:20	103.9	41:53	6	23:27	127.2
11 (53)	2:00	6	0:58	93.6	43:53	6	24:25	125.4
12 (51)	5:53	6	2:09	57.6	49:46	6	26:34	114.5
13 (56)	2:15	6	1:14	121.3	52:01	6	27:48	114.8
14 (57)	1:22	6	0:34	70.8	53:23	6	28:22	113.4
Finish	0:51	6	0:28	121.7	54:14	6	28:50	113.5