



## Detailed evaluation

Zlesák, Zdenek

Club: OK Jilemnice

Total time: 40:08

Running performance: 10:50 min/km

Course: 3.70 km / 14 Controls

Category:

H65 (Herren ab 65)

Rank in category: 5(of 7)

Best time in the category: 25:24

Behind: 14:44

## Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (46)	2:57	6	2:05	240.4	2:57	6	2:05	240.4
2 (32)	5:07	3	2:00	64.2	8:04	5	4:05	102.5
3 (45)	2:43	2	0:37	29.4	10:47	5	4:42	77.3
4 (47)	6:56	5	2:06	43.5	17:43	5	6:48	62.3
5 (48)	2:00	5	0:57	90.5	19:43	5	7:45	64.8
6 (50)	2:00	5	0:56	87.5	21:43	5	8:35	65.4
7 (59)	1:55	5	1:11	161.4	23:38	5	9:46	70.4
8 (52)	2:24	5	0:57	65.5	26:02	5	10:43	70.0
9 (55)	2:30	3	0:40	36.4	28:32	5	11:23	66.4
10 (54)	1:44	4	0:27	35.1	30:16	5	11:50	64.2
11 (53)	1:30	4	0:28	45.2	31:46	5	12:18	63.2
12 (51)	5:11	5	1:27	38.8	36:57	5	13:45	59.3
13 (56)	1:29	5	0:28	45.9	38:26	5	14:13	58.7
14 (57)	1:10	5	0:22	45.8	39:36	5	14:35	58.3
Finish	0:32	3	0:09	39.1	40:08	5	14:44	58.0