



## 19. Slusialauf 2017 „Zur Eisernen Hand“

Schleusingen / 07.05.2017

### Detailed evaluation

**SCHNEIDER, Matthias**

Club: Heckengereuth

Number: 304

Course: 14.10 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:15:13

Speed: 11.25 km/h

Running performance: 5:20 min/km

Rank in course/Total: 23 (of 51)

Rank in course/Men: 18 (of 34)

Best time in course: 56:45

Rank in category: 8(of 10)

Best time in the category: 57:07