



19. Slusialauf 2017 „Zur Eisernen Hand“

Schleusingen / 07.05.2017

Detailed evaluation

SCHRADER, LUTZ

Club: Bieberau

Number: 379

Course: 14.10 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:15:30

Speed: 11.13 km/h

Running performance: 5:21 min/km

Rank in course/Total: 25 (of 51)

Rank in course/Men: 19 (of 34)

Best time in course: 56:45

Rank in category: 9(of 10)

Best time in the category: 57:07