



## 19. Slusialauf 2017 „Zur Eisernen Hand“

Schleusingen / 07.05.2017

### Detailed evaluation

Heinrich, Marco

Club: Ebenhards

Number: 421

Course: 21.10 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:06:28

Speed: 9.96 km/h

Running performance: 5:59 min/km

Rank in course/Total: 18 (of 26)

Rank in course/Men: 18 (of 24)

Best time in course: 1:29:24

Rank in category: 5(of 5)

Best time in the category: 1:39:18