



19. Slusialauf 2017 „Zur Eisernen Hand“

Schleusingen / 07.05.2017

Detailed evaluation

Sieder, Rene

Club: Sv-Bieberbau

Number: 380

Course: 14.10 km

Hauptlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:15:31

Speed: 11.12 km/h

Running performance: 5:22 min/km

Rank in course/Total: 26 (of 51)

Rank in course/Men: 20 (of 34)

Best time in course: 56:45

Rank in category: 3(of 4)

Best time in the category: 1:07:27