



## 19. Slusialauf 2017 „Zur Eisernen Hand“

Schleusingen / 07.05.2017

### Detailed evaluation

**MIKLÓS, Sebastian**

Club: Suhl

Number: 296

Course: 14.10 km

Hauptlauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:17:12

Speed: 10.88 km/h

Running performance: 5:29 min/km

Rank in course/Total: 29 (of 51)

Rank in course/Men: 23 (of 34)

Best time in course: 56:45

Rank in category: 4(of 6)

Best time in the category: 56:45