



19. Slusialauf 2017 „Zur Eisernen Hand“

Schleusingen / 07.05.2017

Detailed evaluation

DÖMMING, Olaf

Club: SV Werra 07 Hildburghausen

Number: 300

Course: 14.10 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 57:07

Speed: 14.71 km/h

Running performance: 4:03 min/km

Rank in course/Total: 2 (of 51)

Rank in course/Men: 2 (of 34)

Best time in course: 56:45

Rank in category: 1(of 10)

Best time in the category: 57:07