



## 19. Slusialauf 2017 „Zur Eisernen Hand“

Schleusingen / 07.05.2017

### Detailed evaluation

**ZITZMANN, Mandy**

Club: Heckengereuth

Number: 319

Course: 14.10 km

Hauptlauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 1:12:05

Speed: 11.65 km/h

Running performance: 5:07 min/km

Rank in course/Total: 14 (of 51)

Rank in course/Women: 3 (of 17)

Best time in course: 1:07:40

Rank in category: 1(of 3)

Best time in the category: 1:12:05