



## 19. Slusialauf 2017 „Zur Eisernen Hand“

Schleusingen / 07.05.2017

### Detailed evaluation

**Beetz, Uwe**

Club: Laufhasen

Number: 444

Course: 14.10 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:06:38

Speed: 12.61 km/h

Running performance: 4:44 min/km

Rank in course/Total: 6 (of 51)

Rank in course/Men: 6 (of 34)

Best time in course: 56:45

Rank in category: 3(of 10)

Best time in the category: 57:07