



19. Slusialauf 2017 „Zur Eisernen Hand“

Schleusingen / 07.05.2017

Detailed evaluation

Hajas, Jonas

Club: Genusslauf

Number: 418

Course: 21.10 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 2:09:48

Speed: 9.71 km/h

Running performance: 6:09 min/km

Rank in course/Total: 21 (of 26)

Rank in course/Men: 21 (of 24)

Best time in course: 1:29:24

Rank in category: 3(of 3)

Best time in the category: 1:57:04